

### UPS Back Pack Program

Don't forget that each month we are going to Restock the Shelves for the Union Primary School Back Pack Program with a specific kind of food. The food item for October is Chicken or Beef flavored Ramen Noodles.



### Thank You!

Many thanks to each of that came to take part of the UMM Pancake Breakfast yesterday. Whether you came to fill your belly, helped cook, serve, deliver or clean up, you made the fundraiser a success. Your time and effort is greatly appreciated.

### Pastor Appreciation Fellowship Meal

Please stay after service today to fellowship with and celebrate Pastor Robert and Andrea. October is Pastor Appreciation Month and we want to show our gratitude for the friendship, guidance, and leadership that they have given us.

### NOW Team

The NOW Team has a scheduled meeting for Tuesday at 7 pm.

### Called Meeting

Pastor Robert has called for the Nominations Committee to reconvene Tuesday evening at 7 pm. He has sent an informative email to committee members. If you have not received this email, please reach out to Robert for the information.

### Board Meeting

Due to several scheduling conflicts, the Administrative Board Meeting has been moved to Sunday, October 20th at 7 pm.



## The Trinity Tribune

A Publication of Trinity United Methodist Church  
Volume 8 No. 38, Sunday October 6, 2019

- October 6 2:00 pm Fellowship Dinner
- October 7 6:30 pm Parsonage Study Group
- October 8 11:00 am Ugly Mug Study Group  
7:00 pm Nominations Committee
- October 9 6:00 pm Bible Study  
7:00 pm Choir Practice
- October 10 10:00 pm I Love Growing Older Group
- October 14 6:30 pm Parsonage Study Group  
6:30 pm UMM Meeting
- October 15 11:00 am Ugly Mug Study Group
- October 16 6:00 pm Bible Study  
7:00 pm Choir Practice
- October 17 11:00 am I Love Growing Older Group
- October 20 7:00 pm Administrative Board
- October 21 6:30 pm Parsonage Study Group
- October 22 11:00 am Ugly Mug Study Group
- October 23 6:00 pm Bible Study  
7:00 pm Choir Practice
- October 24 11:00 am I Love Growing Older Group

October 2019						
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### Here is the New Union Primary School Food List :

Jan—Breakfast Cereal	Feb—Single Serve Fruit	Mar—Mac n Cheese
Apr—Juice Boxes	May—Juice Boxes	June—Cash Donation
July—Cash Donation	August—Soup	Sept—Chef Boyardee
Oct—Ramen Noodles	Nov—Breakfast Bars	Dec—Juice Boxes

**Food Notes:** \*Soup (Chicken Noodle or Tomato) \*Chef Boyardee (Spaghetti O's or Ravioli) \*Ramen Noodles (Chicken or Beef) \*Breakfast Bars (Apple/Cinnamon or Strawberry) \*Cereal (Small bulk bag 7-9 servings) \*Single Serve Fruit (Pears, Peaches, or Fruit Cocktail) \*Mac n Cheese (Individual servings) \*Juice Boxes (Apple or Grape)

You can sponsor a bulletin. For \$15, we can put color on one side and for \$25 we can put color on both sides. Contact the office to see if the Sunday you want is available.

This Bulletin is sponsored by...

## The Trinity Companion Sunday October 6, 2019



## Trinity United Methodist Church

203 E 1st St, South  
Big Stone Gap, VA 24219

Worship begins at 11:00 am  
Pastor—Rev. Robert Burlingham  
Office: (276) 523-0789  
Cell Phone & Text : (423) 863-7622

Email: robert.burlingham@outlook.com  
www.trinityumc-bsg.net

### Gathering in the Name of Christ

**Greeters:** John Hagan and Dana Barlow

**Announcements:** Martha Spurlock (please begin at 10:55 am)

**Prelude:** Come to the Table, A Hymn for World Communion Sunday by F. Richard Garland (Set to the Main Theme of Symphony No. 1 in C minor, Op. 68, by Johannes Brahms)

### Nurtured in Christ

**Lighting of the Candles:** Natalie and Caitlyn Shell

**\*Opening Hymn:** It's Me, It's Me, O Lord No. 352

**Welcome:** Christ, our Lord, invites to His table all who love Him, who earnestly turn from their sin and seek to live in peace with God and one another.

### **A Time for Morning Prayer**

#### **Prayer of Confession and Pardon**

Father, we confess that we suffer selective hearing. At Mount Sinai You announced, "I am loyal and gracious to the thousandth generation of those who love me and keep my commandments." Some of us hear you calling us to love. Others hear you telling us to keep your commandments. By the power of Your Holy Spirit lead us to be One Body who graciously receives Your Love. When we rebel against your commandments convict us that in giving an open account of our transgressions we receive mercy. Teach us that every generous giver is blessed by a gracious receiver. Teach us to give as we have received and to receive as we give.

Thank you for giving us Your only Son. May we now and forever come into Your Holy Presence by receiving Your Grace and giving our sacrifice of Praise!

Amen

#### **Petition and Intercession**

Pray for the sick and suffering.  
Pray for yourself.  
Pray for Trinity UMC.  
Pray for the Churches in our Community.  
Pray for the homeless and addicted.  
Pray for our Nation.

Hear the Good News

**IN the name of Jesus Christ, you are forgiven.**

**Glory to God.**

**Amen**

### The Presentation of God's Tithes and Our Offerings

#### **Prayer of Blessing**

**Ushers:** Joe Toney, Ruben Allman, Nancy Allman, and Angela Tipton

**Offertory Music:** There is a Fountain, Arranged by Greg Howlett

**\*Doxology** As found at No. 95

### Outreach offers the Grace of Christ

**\*Scripture Reading:** Exodus 20: 1-19 Phil Robbins

**Anthem:** Farther Along

**Message:**

### **The Great Thanksgiving**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, creator of heaven and earth.

**Out of Your great Love:**

**You give us the gift of your image.**

**Through the gift of breath and Your Spirit You give us Life.**

**When our love fails you give us the Law of Moses to teach us our need for mercy, grace, and love.**

**At the right time, You give us Jesus, full of mercy, grace, and love.**

**In Jesus' death, you give us the gift of Salvation.**

**In Baptism, you give us the gift of Your Holy Spirit.**

Father, you give.

**Teach us how to receive!**

And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your Glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said:

"Take, eat; this is my body which is given for you. Do this in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves as a living sacrifice, in union with Christ's offering for us as we proclaim the mystery of faith.

**Christ has died; Christ has risen; Christ will come again.**

Pour out Your Holy Spirit on us gathered here, and on these gifts

of bread and wine.

Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood.

By Your Spirit make us one with Christ, one with each other, and one in ministry to the world, until Christ comes in final victory, and we feast at his heavenly banquet.

Through your Son Jesus Christ, with the Holy Spirit in your Holy Church, all honor and glory is yours, almighty Father, now and forever.

**Amen**

### **Lord's Prayer**

**Holy Communion** (God Invites Us to His Table)

**Ushers:** Alberta Mitchell, Kathleen Gillespie, Diane Botts, and Sandra Marshall

**Communion Music:** O Come to the Altar by Elevation Worship

### Witness Christ Ministry of Reconciliation

#### **Invitation to Discipleship**

**\*Closing Hymn:** There is a Fountain Filled with Blood No. 622

**Postlude:** Peace, Salaam, Shalom by Dean McIntyre

\*Indicates that you may stand, as you are able.

CCLI #1083130

#### *Sermon Notes*

1. A relationship requires we open our hearts and minds to two actions. \_\_\_\_\_ and \_\_\_\_\_
2. Sin destroys relationships by \_\_\_\_\_. (See the 10 Commandments)
3. For \_\_\_\_\_ is For \_\_\_\_\_. (Forgive us our trespasses as we forgive...)
4. The fruit of the Tree of Knowledge of Good and Evil sees two options and judges one \_\_\_\_\_ and the other \_\_\_\_\_.
5. God gives mercy to those who \_\_\_\_\_ Him and \_\_\_\_\_ his commandments
6. Fear has three responses.  
When I fight it means I \_\_\_\_\_ and what I fight \_\_\_\_\_.  
When I run it means I \_\_\_\_\_ and who I run from \_\_\_\_\_.  
When I freeze it means I do not \_\_\_\_\_ and it does not \_\_\_\_\_.
7. Indifference means I see people as \_\_\_\_\_.

#### **Answers**

1. Giving and Receiving. 2. Taking. 3. Giving /Receiving 4. Good and Evil. 5. Love and Keep. 6. Care/Matters. 7. Dead