



# The Trinity Tribune

A Publication of Trinity United Methodist Church  
Volume 8 No. 33, Sunday August 18, 2019

August 2019						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### Important dates to keep on your calendar.....

- August 18—5:00 pm UMYF
- August 20-11:00 am The Ugly Mug Study Group
- August 21—6:00 pm Bible Study
- August 21—7:00 pm Choir Practice
- August 22-11:00 am I Love Growing Older Group
- August 25—5:00 pm UMYF
- August 27-11:00 am The Ugly Mug Study Group
- August 28—6:00 pm Bible Study
- August 28—7:00 pm Choir Practice
- August 29-11:00 am I Love Growing Older Group
- Sept. 1—12:30 pm Fellowship Supper
- Sept. 1— 5:00 pm UMYF
- Sept. 2— 6:30 pm Good & Beautiful Community Group

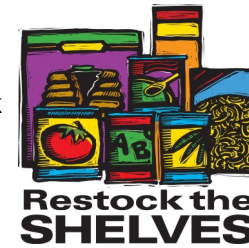
### Here is the New Union Primary School Food List :

Jan—Breakfast Cereal	Feb—Single Serve Fruit	Mar—Mac n Cheese
Apr—Juice Boxes	May—Juice Boxes	June—Cash Donation
July—Cash Donation	August—Soup	Sep—Chef Boyardee
Oct—Ramen Noodles	Nov—Breakfast Bars	Dec—Juice Boxes

**Food Notes:** \*Soup (Chicken Noodle or Tomato) \*Chef Boyardee (Spaghetti O's or Ravioli) \*Ramen Noodles (Chicken or Beef) \*Breakfast Bars (Apple/Cinnamon or Strawberry) \*Cereal (Small bulk bag 7-9 servings) \*Single Serve Fruit (Pears, Peaches, or Fruit Cocktail) \*Mac n Cheese (Individual servings) \*Juice Boxes (Apple or Grape)

### UPS Back Pack Program

Don't forget that each month we are going to Restock the Shelves for the Union Primary School Back Pack Program with a specific kind of food. The food item for August is Chicken Noodle or Tomato Soup.



### Memorial Gifts

Trinity has received 4 generous gifts to the memorial fund in the last week.

### Study Group Breakdowns

Monday night's Parsonage Study Group will begin again on September 2nd with the Good & Beautiful Community Book.

Tuesday's group at The Ugly Mug is studying I Corinthians.

Wednesday Night Bible Study is focusing on Jesus' "I Am" statements in the book of John.

A new study group began last Thursday. The book of study will be I Love Growing Older but I'll Never Grow Old. Please reach out to Robert for more information if you are interested.

### Note from Ms. Kathleen

Dear Robert and my Church Family,

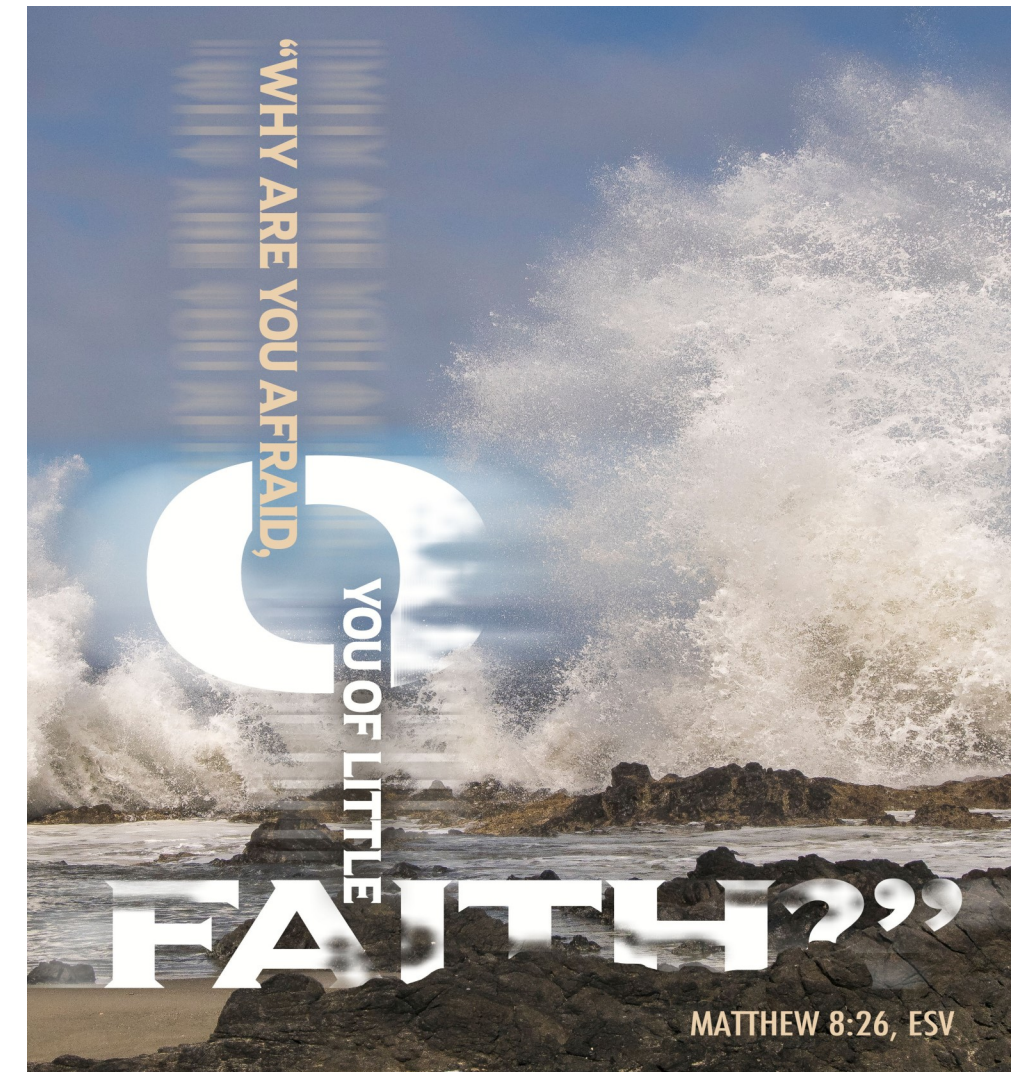
There aren't enough words to express all the love and kindness you have shown to me during the illness and death of my dear Debbie. The prayers, cards, and calls have carried me through these trying times. I deeply appreciate everything you have done for me and my family and will hold all of you close to my heart.

Love all of you,  
Kathleen & Family

You can sponsor a bulletin. For \$15, we can put color on one side and for \$25 we can put color on both sides. Contact the office to see if the Sunday you want is available.

This Bulletin is  
sponsored  
by...

## The Trinity Companion Sunday August 18, 2019



## Trinity United Methodist Church

203 E 1st St, South  
Big Stone Gap, VA 24219

Worship begins at 11:00 am  
Pastor—Rev. Robert Burlingham  
Office: (276) 523-0789  
Cell Phone & Text : (423) 863-7622

Email: robert.burlingham@outlook.com  
www.trinityumc-bsg.net

**Greeters:** Alberta Mitchell and Lana Prater

**Announcements:** Diane Botts

**Prelude:** Sing a New Song to the Lord by Natalie Sleeth,  
Arranged by Jean Anne Shafferman

**Lighting of the Candles:** Natalie & Caitlyn Shell

**\*Opening Hymn:** How Firm a Foundation No. 529

**Pastoral Welcome**

**\*Statement of Faith** No. 881

**Gloria Patri** No. 70

**Pastoral Prayer**

**Lord's Prayer**

**The Presentation of God's Tithes and Our Offerings**

**Prayer of Blessing**

**Ushers:** Phil Robbins, John Hagan, Sandra Rich, and Angela Tipton

**Offertory Music:** Holy, Holy, Holy by John Bacchus Dykes,  
Arranged by Christi Stills

**\*Doxology** As found at No. 95

**Children's Message:** Nancy Toney

**Anthem:** Hear Me Singing, Lord

**\*Scripture Reading:** Matthew 8: 23-27 and Job 38: 1-11  
Rick Galyean

**Homily:** Growing Up in Christ Part 5

**\*Closing Hymn:** God of Grace and God of Glory No. 577

**Pastoral Benediction**

**Postlude:** Make Me a Channel of Your Peace by Sebastian Temple, Arranged by Lloyd Larson

\*Indicates that you may stand, as you are able.  
CCLI #1083130

## Invitation to Discipleship

Have you noticed the similarity your feelings share with wind? Our feelings touch us but cannot be grasped. Jesus asked his wind battered disciples, "Why are you afraid?"

Have you noticed the similarity your thoughts share with the waves of the sea. Feelings stir a storm that batters us with wave after wave of thoughts judging right and wrong. Again, Jesus asked, his Disciples "Why are you afraid?"

Surely, you have experienced the false sense of security created by human made structures. We are taught to trust our lives to seatbelts, child restraint systems, ADT, firewalls, airbags and the like. Many of the disciples were master fisherman. They placed their trust in a man-made boat. Have you learned you must answer Jesus' first question before his statement about "little faith" makes any sense?

Yes, the disciples practiced "little faith." Every act of faith denies self. We place our faith in seatbelts, child restraint systems, ADT, firewalls, air bags and the like to do something we cannot do ourselves. We also deny ourselves by placing trust in leaders, teachers, friends, and neighbors. What difference do you find between trusting your neighbor and loving your neighbor? Maybe its time to love our neighbor while placing our faith in the Lord!

The Disciples woke Jesus from his peaceful rest. Please do not miss that their false sense of security in the boat filled them with fear of "perishing" in a storm made of wind, wave, and sea. In that moment, they believed a lot of knowledge and facts about Jesus. How many storms must we experience before our "little faith" grows into love of neighbor and faith that builds a trusting relationship with the Lord?

Humankind built the boat! (Mama Seeger, a former Church member, says we must only love that which has the ability to return the love.) Have you ever met a seatbelt that loved you?

Jesus, the Son of Man, made the wind, wave, and sea. He created all things seen and unseen. Who is this man to whom the wind listens? What similarities do your feelings share with the wind? From where do these feelings arise? Describe how your feelings wash over your mind like a wave of the sea.

We trust what we believe, knowledge. We trust who we believe, relationship. Appreciate knowledge. Love people! The first part of the Christian life focuses on knowledge set apart as belief. To often people get stuck in knowledge. Like the Pharisees, Sadducees, and Essenes we divide into what -we -believe - groups.

The second part of the Christian life begins with a great storm that makes us feel like we are perishing. What we know, believe, and trust seems to crumble. Doubt drives us to seek something more. Our prayers often fail to take flight. They crash back into the heart and mind from which they were born. What purpose does such a storm serve? The wind reflects the image of the Holy Spirit!

In the first part of life, we mark progress with knowledge. We focus our efforts on "right" beliefs. "Right" groups! When the wind drives the sea into a storm of waves we feel as if we are perishing. In our story the wind, waves, and sea listen to Jesus. They have a relationship with him. They worship and adore him!

We shall see that the evil spirits believe in Jesus. In our next lesson, Jesus commands a legion of evil spirits to leave a man. The evil spirits believe. They believe but do not have a relationship with him!

Why are you afraid? Until you answer the question, the storm of life will continue to strengthen. Friend, Fear and Faith cannot abide in the same heart and mind. Answer Jesus's question and you will have "little faith." Little faith is enough to wake up. Hopefully, you seek a good and beautiful relationship unfolding.

One in Christ,

Robert

## August



### Van Drivers and Riders

4—Kenny & Martha Spurlock  
11—Christy Smith & Donna Mahan  
18—Kenny & Martha Spurlock  
25—Christy Smith & Diane Botts

### Money Counters

4—Christy Smith, Diane Botts  
11—Ashley Turner, Tiffany Adams  
18—Pat Bowden, Kim Parsons  
25—Kenny & Martha Spurlock

### Children's Message

4—Communion Sunday  
11—Andrew Holyfield  
18—Nancy Toney  
25—Patty Robbins

### Scripture Readers

4—Rob Moore  
11—Dana Barlow  
18—Rick Galyean  
28—Paula Barton

### Greeters

Alberta Mitchell and Lana Prater

### Announcements

Diane Botts

### Ushers

Phil Robbins, John Hagan, Sandra Rich, and Angela Tipton

### Communion Ushers

Joe Toney, Nancy Toney, Ruben Allman, and Nancy Allman

### Fellowship Dinner Hosts

Kathleen & Mary Beth



"I HAVE NOT STOPPED GIVING THANKS FOR YOU, REMEMBERING YOU IN MY PRAYERS."  
EPHESIANS 1:16, NIV

### For Those with Cancer:

Denise Qualls; David Burke (Bubba Burke's Dad); Karrie Compton (Randy & Phyllis Compton's daughter); Zac Carter; Steve Clark; Kamyryn (Patsy Mutter's great granddaughter's sister); Wilma Mills

### Facing/Recovering from Surgery/Hospital Stay

Diana Wilder (Sandra Marshall's sister); Nick Hansen

### Non-Specific Prayers for:

Marion Kocher; Matt Carroll; Bob Horne; Ida McCall; Judy Cole; Maurice & Patsy Lay; Andrew David Hartman; Jack Williams; Bill & Jean Hendrick, Larry Spears; Ann Nickles

- Pray for our Pastor and the Leaders of our church.
- Pray for the Leaders of the United Methodist Church.
- Pray for those in the Church in need.

If you know that someone on the prayer list has passed away, please contact the church office.



Donation link can be used at any time and from any capable phone.