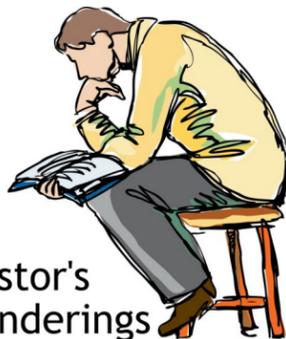


## Another Vacation Bible School is Behind Us

Well, another successful VBS is behind us. In all, we had 56 different kids attend at one time or another and we averaged 40 kids each night. I want to extend a special thanks to David Goodman for the hard work that he put in to making all the pieces come together. There are also a lot of people behind the scenes that need a special thanks. Many during the weeks leading up to the event and many for their work this past week.

### Pastor's Ponderings



My prayer is that seeds were planted this week in the lives of these children. I'd love to be around when they sprout and begin to grow. There is no guarantee that any of us will see the seeds we planted take root and grow. We were simply being faithful and planting the seeds. The Lord will now nurture them and I believe that at some point the Christian love that we have shown and the story of Jesus will transform the lives of these children. At that point, the angels in heaven will be rejoicing at the new life that has come into the Kingdom because of our faithfulness and effort at making this opportunity available to this children.

Thanks for all the things that many of you did. Your efforts will change lives.

### UMYF Needs Baked Goods Donated

On May 7 the United Methodist Youth Fellowship began selling baked goods at the Farmer's Market. The only requirements for the baked goods is that they are homemade. By donating items, you are helping the youth fund ministry items they would like to carry out this year as well as helping them to cover the cost of their Resurrection trip in January. If you would be interested in donating items, please contact Christy Smith at 703-629-6040. The youth will need items by July 1.

### The NOW Team Needs Your Old Books

The Nurture, Outreach, and Worship Team will have boxes in the fellowship hall to collect any books or magazines you would be willing to donate. The goal is to take all the donated items to the RAM Free Healthcare Clinic in Wise and distribute them to the participants. The most requested book is the Bible, but any books or magazines would be greatly appreciated.

### Post Office Box is Expiring June 30

Please begin using the street address listed on the front of the bulletin if you have not already. We will have a one year forwarding address agreement so hopefully none of our mail will get lost in this transition.

### Staff Pastor Parish Relations Committee Meets

The SPPRC will meet this Tuesday night at 5:30 pm in the Wicker Room. All members of the committee are asked to attend.

## Things I Have Been Learning Lately

I have found myself in a unique position since that infamous April 24th evening in the Charlotte Airport. There has never been a time in my life during which I have been ill or incapacitated like I have been over these past few weeks. Although I am not an overly energetic kind of person (no one has ever mistaken me for an athlete) I have sorely missed the ability to be mobile on my own terms. That is perhaps the greatest lesson that I have learned. To have your mobility restricted can have a big impact on your outlook on life. There are some other things I have also learned and I'd simply like to share them with you.

For example, I have learned the value of friends. I've learned to rely on a lot of you to help me and my family out as I recover. Getting things for me and providing meals for the family have been a great help. Ashley, rather than running up and down the stairs to my office has had to cross the street numerous times to get things to me and get things back to the office. I've learned to rely on family for simple things such as needing someone to put a sock on my left foot and tie my shoe. At one point, I needed help getting up from chairs. It is humbling to have to rely on others for such simple things.

I've learned the importance of saying, "Thank You." I've said it a lot to Debbie and the boys and many of you in the intervening weeks. I have had a lot to be thankful for.

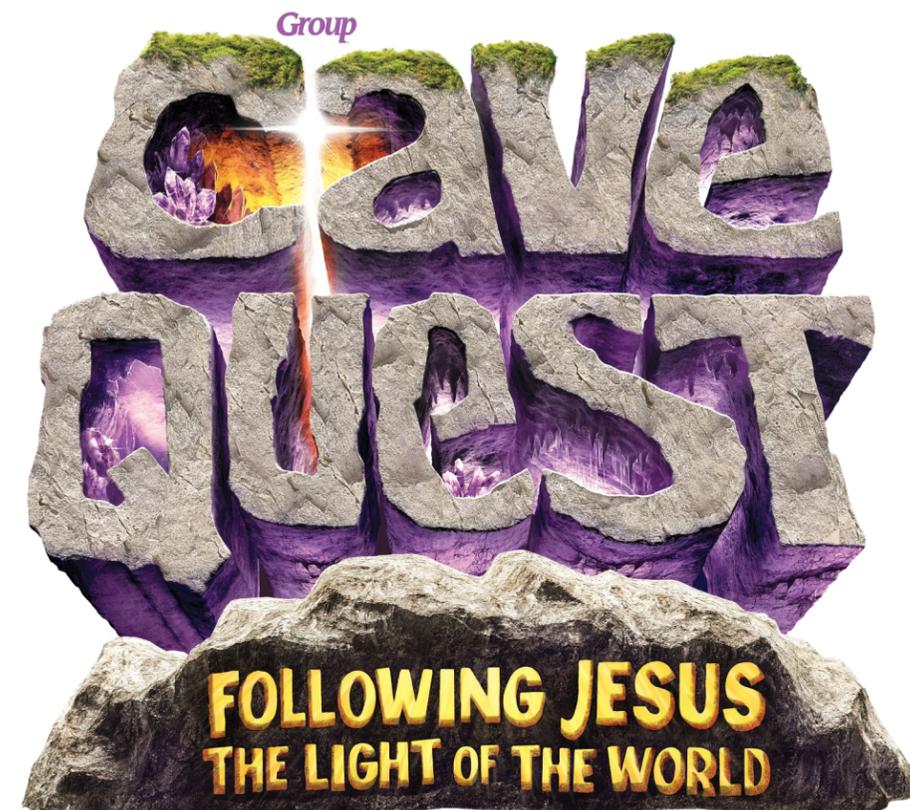
I've learned that there are a lot of people that walk around our neighborhood. I've had the chance to sit out on the porch more than normal. I've seen a lot of folks walking. I don't recognize most of them. Makes me sort of jealous seeing them so freely moving about.

I've learned that sometimes the best thing to do is simply sit down, put the ice pack on the knee, and simply sleep. Sometimes that is all the energy that I have in me.

I've learned that things will still function at the church without me there. Luckily, I've only missed two Sundays, but I have most definitely not been as involved in the day to day life of the church as I normally am. Last time I checked, the church is still there and functioning without me actively at the helm. That means that many of you have had the chance to exercise your gifts of service and ministry in deeper ways.

I've learned that there are times in life when God sort of puts things on pause and causes us to look at the world in a different way. This has been one of those times for me. On the one hand, I feel like I have turned the corner and am on the way to normalcy. On the other hand, folks are reminding me that I still have a long way to go. There is still a lot of rehab needed, especially on my wrist. It may be out of the cast, but it still doesn't work like it used to. I will soon begin rehab on the knee. Don't know what to expect with that, but hope it goes smoothly and that I get up and about with less mobility issues. Keep praying for me. I still have a long way to go—and a whole lot more to learn.

## The Trinity Companion Sunday June 26, 2016



## Trinity United Methodist Church

203 E 1st St, South  
Big Stone Gap, VA 24219

Worship begins at 11:00 am

Pastor—Rev. Terry Goodman

Office: (276) 523-0789

Cell Phone & Text : (304) 960-4438

Email: trinityumcpastor@gmail.com

www.trinityumc-bsg.net

You can sponsor a bulletin. For \$15, we can put color on one side and for \$25 we can put color on both sides. Contact the office to see if the Sunday you want is available.

This Bulletin is  
sponsored  
by...

David Goodman &  
The VBS Crew



Let me tell you how glad we are to have you at our worship service today. We hope that you will encounter the presence of the risen Christ. We'd really like to get some contact information. Would you please text your email and name to 80123 and we'll get back in touch with you.

**Greeters:** Ben Allen and Ruben Allman

**Announcements, Welcome, and Introduction :** Martha Spurlock

**\*Prelude:**

**\*Opening Hymn: "Jesus Loves Me"**

**Sharing Our Joys and Concerns**

*(You will be given an opportunity to share joys and prayer concerns. Please raise your hand and wait until an usher comes to you with a microphone.)*

**The Lord's Prayer** (as found at No. 895)

**\*Gloria Patri** No. 70

**The Presentation of God's Tithes and Our Offerings**

**Ushers:** Jack Williams, Spencer Quesenberry, John Hagan, Phil Robbins

**\*Offertory:**

**\* The Doxology** No. 95

**\*Anthem: "He is the Light"  
"I Have Decided"**

**A Vacation Bible School Presentation**

(At this point we will share with you some of the highlights of our Vacation Bible School.)

**\*Closing Hymn: "This Little Light of Mine"**

**\*Pastoral Benediction :**

**Postlude:**

**\*Please stand as you are able**  
*Musical lyrics reprinted using CCLI #1083130*



**The Trinity Tribune**

A Publication of Trinity United Methodist Church  
Volume 5 No. 26, Sunday June 26, 2016

July 2016						
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24	25	26	27	28	29	30
31						

**June Activities and Events**

- ◆ **Sunday June 26, 2016**
  - ◆ VBS Recap
- ◆ **Tuesday June 28, 2016**
  - ◆ 5:30 pm—SPPRC Meeting
- ◆ **Wednesday June 29, 2016**
  - ◆ 6:00 pm—Prayer Circle
  - ◆ 7:00 pm—Choir Practice

**July Activities and Events**

- ◆ **Saturday July 2, 2016**
  - ◆ 8:00 am—UMYF Farmer's Market
- ◆ **Sunday July 3, 2016**
  - ◆ 5:00 pm—UMYF
- ◆ **Monday July 4, 2016—Independence Day**
  - ◆ Office will be closed
  - ◆ 6:30 pm—NOW Team Meeting will not be held
- ◆ **Wednesday July 6, 2016**
  - ◆ 6:00 pm—Prayer Circle
  - ◆ 6:30 pm—Fellowship Supper
  - ◆ 7:00 pm—Choir Practice
- ◆ **Thursday July 7, 2016**
  - ◆ 10:00 am—Susanna Wesley Circle
  - ◆ 12:00 pm—Wesleyan Circle
- ◆ **Sunday July 10, 2016**
  - ◆ 5:00 pm—UMYF
- ◆ **Monday July 11, 2016**
  - ◆ 6:30 pm—United Methodist Men Meeting
- ◆ **Wednesday July 13, 2016**
  - ◆ 6:00 pm—Prayer Circle
  - ◆ 7:00 pm—Choir Practice
- ◆ **Sunday July 17, 2016**
  - ◆ 5:00 pm—UMYF
  - ◆ 5:00 pm—Asbury Circle
- ◆ **Monday July 18, 2016**
  - ◆ 6:00 pm—Garden Club
- ◆ **Wednesday July 20, 2016**
  - ◆ 6:00 pm—Prayer Circle
  - ◆ 7:00 pm—Choir Practice
- ◆ **Sunday July 24, 2016**
  - ◆ 5:00 pm—UMYF
- ◆ **Wednesday July 27, 2016**
  - ◆ 6:00 pm—Prayer Circle
  - ◆ 7:00 pm—Choir Practice



**July**

**Van Drivers and Riders**

- 3—Pat Bowden, Diane Botts
- 10—Kenny & Martha Spurlock
- 17—TBD
- 24—Kenny & Martha Spurlock
- 31—Pat Bowden, Diane Botts

**Children's Church**

- 3—Kim Parsons
- 10—Donna Mahan
- 17—Cathy Galyean
- 24—Ashley Turner
- 31—Christy Smith

**Money Counters**

- 3—Bill Cole, Ashley Turner
- 10—Chris Higgins, Paul Clark
- 17—Pat Bowden, Kim Parsons
- 24—Diane Botts, Christy Smith
- 31—Martha & Kenny Spurlock

**Children's Message**

- 3—Christy Smith
- 10—Bill Cole
- 17—Nancy Toney
- 24—Mary Beth Allen
- 31—Diane Botts

**Greeters**

- Peggy Beverly
- Jackie Mainous

**Announcements**

- Skip Skinner

**Ushers**

- Nancy Allman, Donna Mahan, Kathleen Gillespie, Sandra Rich

**Fellowship Dinner Hostesses**

- Diane Botts & Christy Smith



"I HAVE NOT STOPPED GIVING THANKS FOR YOU, REMEMBERING YOU IN MY PRAYERS."  
EPHESIANS 1:16, NIV

**For Those with Cancer:**

James Horne; Robin (Rita Nash's Daughter); Debbie Cooper; Phyllis Gilley; Melody (Mellie) Gilley; Doris Berta; Denise Qualls; Kathy Hirsch (Larry & Teddy Bland's daughter); David Burke (Bubba Burke's Dad); Karrie Compton (Randy & Phyllis Compton's daughter); Zack Carter; Carey Mills

**Facing/Recovering from Surgery/Hospital Stay**

Becky Clark; Helen Cochran; Mary Warner; T. R Davidson; Melanie Sturgill; Mark Nickels; Ann Nickels; Jim Cooper; Barbara Hargrove; Ronnie Phillips (Patty Robbins' brother); Benny Clifton (Lillie Clifton's father); Siyere Williams; Elizabeth White; Nancy Toney; Terry Goodman; Jean Hendrick; Dottie Allen; Haylee White; Don Whittaker

**Non-Specific Prayers for:**

Brownie Polly and family; Geneva Allen; Jim Gates; Jennie Shupe; Hope Meade; Matt Carroll; Melvin Carter; Kenny Spurlock's mother; Bill & Jean Hendrick; Peggy Bates; Marion Kocher; Bob Horne; Nancy Toney; Beth and John Hagan; Nancy Kilgore and family; Johnny Wells; Debbie Goodman; Sarah Shores; The Stidham Family

- Pray for our Pastor and the Leaders of our church.
- Pray for the Leaders of the United Methodist Church.
- Pray for those in the Church in need.

If you know that someone on the prayer list has passed away, please contact the church office.