

Sunday March 24 through Sunday March 31

- Pastor Robert focuses this morning on Repenting. God is faithful and will never lay more before us than we can bear.
- The Apprentice Study Group will be meeting at 6:30 pm at the Parsonage Monday evening.
- The Boy Scouts will be meeting at 7 on Monday evening.
- Pastor Robert will be at the Ugly Mug on Tuesday morning at 11 for the study group.
- Wednesday evening at 6 pm will be Bible study and Choir will be at 7 pm.
- There are no events at the church on Thursday but the Lenten Service and Luncheon will be held at Legion Memorial UMC at noon.
- Next Sunday, Pastor Robert will focus on 2 Corinthians 5: 16—21 and seeing with the Eyes of Christ.



"Bill sure knows how to lead
you into temptation."

This WEEK at Trinity

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Sunday March 24

10:00 am—10:45 am Sunday School
11:00 am—12:00 pm Morning Worship
5:00 pm—UMYF

Monday March 25

6:30 pm—Parsonage Study Group
7:00 pm—Boy Scouts

Tuesday March 26

11:00 am—Ugly Mug Study Group

Wednesday March 27

6:00 pm—Bible Study
7:00 pm—Choir Practice

Thursday March 28

NO SCHEDULED EVENTS

Friday March 29

9:00 am—MEOC

Saturday March 30

NO SCHEDULED EVENTS

Sunday March 31

10:00 am—10:45 am Sunday School
11:00 am—12:00 pm Morning Worship
5:00 pm—UMYF

****SET UP FOR INDOOR YARD SALE-****

I CORINTHIANS 10

It is said, “We are what we eat.” Therefore, doctors will tell us to cut certain foods out of our diets. If we have high blood pressure, the doctor will insist we remove salt from our diet. Fried and fatty meats give rise to high cholesterol. Many chefs say that fried bacon is the perfect food. The chef is all about the pleasure of eating. The chef goes on and on about the pleasure of eating Bacon that is Fat plus Salt AND fried. Doctors concern themselves with health. Doctors and Chefs agree, “We are what we eat!”

In our lesson today, Paul agrees with the chef and the doctor.

We are what we eat! When we eat the bread, we become One with Christ in His suffering. When we drink the Cup, we become One with Christ in His Resurrection to Life Eternally.

Friends, when we eat, do we not first give thanks to God for providing food that satisfies our physical desire? Now, God is Spirit, and Spirit always precedes physical things. Therefore, we worship God in spirit and truth before we sit at our tables to eat, drink, and be merry. Paul wants ignorant people to be aware that spiritual things always come before physical things.

We get confused about idolatry. It really is easy to comprehend. Whenever our desire for physical things is greater than worship we fall into idolatry.

We are born desiring food and drink. Teach a child to approach every meal in a spirit of worship and that child will master every physical desire. I contend that immorality, estrangement, broken families, every injustice, not knowing how to pray, and constant grumbling against God comes from poor table manners.

The center piece of every United Methodist Church is The Table of Our Lord. It is not the Altar!!! Sacrifices take place at the altar. The Cross is our Altar. It sets on the Table to remind us that all who suffer, experience rejection, and thirst for healing are welcome at The Table of Our Lord.

Friends, if we desire to be “conservative” let us conserve a spirit of thanksgiving that worships God as Creator, giver, and sustainer of life even into eternity.

If we desire to be “inclusive” let us first worship with a spirit of thanksgiving. Then and only then may our worship lead us to the Truth! The truth says “this is my body broken for you.” The truth says, “this is the cup of the New Covenant poured out for you.” Jesus the Christ is our TRUTH.

We are what we eat and drink. When we eat his flesh and drink his blood we become One in Christ. Every meal we eat offers us opportunities for Holy Communion. Let it be and behold the image of God!

One in Christ,

Robert

For additional understanding, read I Corinthian’s 9: 19—23. Paul says he becomes all things to all people. But not to become like them. No! Paul meets people where they are in life to hopefully show them that God always provides a way out.