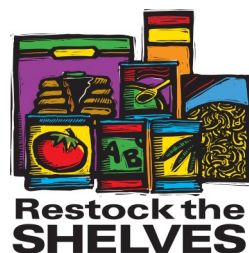


### UPS Back Pack Program

Don't forget that each month we are going to Restock the Shelves for the Union Primary School Back Pack Program with a specific kind of food. The food item for February is Single Serve Fruit.



### Church Council Meeting

The Church Council will be meeting this evening at 6:30 pm. All members are urged to come. This will be an open meeting and everyone is welcome to attend.

### United Methodist Men

The United Methodist Men will be meeting Monday night at 6:30 pm.

### Black History Month Programs

Community Churches are sponsoring Black History Month Services again this year.

02/12/2020	Macedonia Baptist Church	6:30 pm
02/19/2020	Williams Chapel AME Zion	6:30 pm
02/23/2020	Trinity UMC	5:00 pm

### Lay Ministers

Please make sure that your Lay Minister role sheet is handed in today, if you haven't turned it in yet.

### Here is the New Union Primary School Food List :

<b>Jan</b> —Breakfast Cereal	<b>Feb</b> —Single Serve Fruit	<b>Mar</b> —Mac n Cheese
<b>Apr</b> —Juice Boxes	<b>May</b> —Juice Boxes	<b>June</b> —Cash Donation
<b>July</b> —Cash Donation	<b>August</b> —Soup	<b>Sept</b> —Chef Boyardee
<b>Oct</b> —Ramen Noodles	<b>Nov</b> —Breakfast Bars	<b>Dec</b> —Juice Boxes

**Food Notes:** \*Soup (Chicken Noodle or Tomato) \*Chef Boyardee (Spaghetti O's or Ravioli) \*Ramen Noodles (Chicken or Beef) \*Breakfast Bars (Apple/Cinnamon or Strawberry) \*Cereal (Small bulk bag 7-9 servings) \*Single Serve Fruit (Pears, Peaches, or Fruit Cocktail) \*Mac n Cheese (Individual servings) \*Juice Boxes (Apple or Grape)

### A Franciscan Benediction

May God bless you with discomfort  
At easy answers, half-truths, and superficial relationships  
So that you may live deep with your heart.

May God bless you with anger  
At injustice, oppression, and exploitation of people,  
So that you may work for justice, freedom, and peace.

May God bless you with tears  
To shed for those who suffer pain, rejection, hunger, and war,  
So that you may reach our your hand to comfort them and  
To turn their pain into joy.

And may God bless you with enough foolishness  
To believe that you can make a difference in the world,  
So that you can do what others claim cannot be done  
To bring justice and kindness to all our children and the poor.

### February



#### Van Drivers and Riders

9—Kenny & Martha Spurlock  
16—Christy Smith & Diane Botts  
23—Kenny & Martha Spurlock

#### Money Counters

9—Christy Smith, Diane Botts  
16—Kenny & Martha Spurlock  
23—Bill Cole, Tiffany Adams

#### Children's Message

9—Nancy Toney  
16—Diane Botts  
23—Youth Sunday

#### Scripture Readers

9—Kim Parsons  
16—Rick Galyean  
23—Youth Sunday

#### Greeters

Ruben and Nancy Allman

#### Announcements

Christy Smith

#### Ushers

John Hagan, Joe Toney, Dana Barlow,  
and Sandra Rich

You can sponsor a bulletin. For \$15, we can put color on one side and for \$25 we can put color on both sides. Contact the office to see if the Sunday you want is available.

This Bulletin is  
sponsored  
by...

## The Trinity Companion Sunday February 9, 2020

If you died with Christ  
to the things of this world,  
why do you live as if you still  
belong to the world

Colossians 2:20

### Trinity United Methodist Church

203 E 1st St, South  
Big Stone Gap, VA 24219

Worship begins at 11:00 am  
Pastor—Rev. Robert Burlingham  
Office: (276) 523-0789  
Cell Phone & Text : (423) 863-7622

Email: robert.burlingham@outlook.com  
www.trinityumc-bsg.net

**Greeters:** Ruben and Nancy Allman

**Announcements:** Christy Smith

**Prelude:** I Stand All Amazed in the Presence of the Lord...organ and chimes

**Lighting of the Candles:** Natalie Shell

**\*Opening Hymn:** We've a Story to Tell the Nations No. 569

**Pastoral Welcome**

**Affirmation of Faith**      **Apostles' Creed**      No. 886

**Gloria Patri**      No. 70

**Lord's Prayer**

**The Presentation of God's Tithes and Our Offerings**

**Prayer of Blessing**

**Ushers:** John Hagan, Joe Toney, Dana Barlow, and Sandra Rich

**Offertory Music:** Largo from the opera XERXES by the German composer George Frederick Handel, AD 1685—1759....Duet of piano and organ by Calli Shell and David Barker

**\*Doxology**      As found at      No. 95

**Children's Message:** Nancy Toney

**Special Music:** Bill Cole

**\*Scripture Reading:** Colossians 2: 20

**Message:** Rescued and Healed

**\*Closing Hymn:** Ask Ye What Great Thing I Know No. 163

**Invitation to Discipleship**

**Pastoral Benediction**

**Postlude:** Rock-A-My soul, African-American Spiritual, Arranged by Glenda Austin

\*Indicates that you may stand, as you are able.  
CCLI #1083130

**Rescued and Healed**

Let's say we see a friend drowning. What shall we do? Shall we call 911 and go about our way? Will we call 911, note the place the friend went beneath the water, and wait for help to come? Will one of us call 911, while another person throws a life ring, and yet another person jumps in the water to place the life ring around our friend's lifeless body? Will we leave our friend's lifeless body, supported by a life ring floating in the water? Will we pull our friend from the water and wait for the EMS?

When we get our lifeless friend out of the water, into the boat, and on to the shore, we have rescued our friend. How many people do you know who have been rescued from Sin who still need to be healed?

Let's say we rescue our drowning friend, clear their airway, and through CPR, offer them the gift of life. Is this person healed? What emotional trauma remains lodged in their heart and mind? How has this near death experience left the community questioning God's love?

I am convinced that we have been taught how to rescue people but have taken little time to teach and practice love that heals the spirit and soul of humanity. How many generations have passed since we last saw our mission as rescue and healing?

The word "salvation," sozo, means to rescue and heal. Jesus rescued us from the due penalty of the Law, death, and gave us the Holy Spirit to heal our hearts, souls, and minds.

One in Christ.

Robert

February 2020						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29



A Publication of Trinity United Methodist Church  
Volume 9 No. 6, Sunday February 9, 2020

*Important dates to keep on your calendar...*

- February 9      5:00 pm      UMYF  
6:30 pm      Church Council Meeting
- February 10      6:30 pm      Contagious Discipleship at Parsonage  
6:30 pm      UMM Meeting
- February 11      11:00 am      Ugly Mug Study Group  
7:00 pm      "The Shack" at the Parsonage
- February 12      6:00 pm      Bible Study  
6:30 pm      Black History Month Program/Potluck  
7:00 pm      at Macedonia Baptist Church  
Choir Practice

	Last Week	Last Month (January)	Year to Date
Worship Attendance	52	56 (AVG)	52 (AVG)
Offering to Budget	6571.00	\$8387.40	\$14958.40