

Day of Prayer Retreat
For Confirmands
Saturday, November 5

A Day Apart for Prayer

November 5—8:30 am to 1:00 pm

The Confirmation Class would like for you to join them for breakfast (please bring along a breakfast food item) and a morning set aside for learning about prayer. During the time together, we will have teaching on the following topics:

- ♦ **Praying Using the Scriptures—Kenny Spurlock**
- ♦ **The A.C.T.S. Form of Prayer—Martha Spurlock**
- ♦ **Breath Prayers & Prayer Walks—Pastor Terry**
- ♦ **The Lord's Prayer—Bill Cole**
- ♦ **How to Pray for One Hour—Mary Beth Allen**

Setting aside this time to spend with the Confirmands would be a great way to support them on their faith journey and a good way for you to grow stronger in your own faith journey. Please plan on attending this special time of learning.

Each of the Confirmands designed their own mailbags as part of the Overnight Retreat. If there is a scripture you would like to share with them, or if you would just like to pass along some words of encouragement, then please take a moment to write it down and place it in their mailbags. The mailbags are placed on top of the mailboxes outside the church office.

Confirmation Class Needs Volunteers

On Sunday, November 6, the Confirmands will go through Confirmation during the worship service. This will be a truly special day and we would like to have volunteers bring items for a reception following the service. Please feel free to contact the church office if you would be able to help. Let up lift up these youth as they have chosen to follow Jesus. Also, there are mailbags with each of the Confirmands names on them located on top of the mailboxes outside of the church office. Please feel free to drop a quick note in these to help encourage these children. It can be a favorite verse, words of encouragement, whatever you feel would help these children on their journey.

Trunk or Treat

Get your candy and your vehicle ready! It's almost time for our Trunk or Treat event. The vehicles will be parked to the side of the church along First Street. If there is enough participation, we will block off First Street to make it safer for the children trick or treating. There is a sign up sheet available in the office. This event will take place October 31 from 5:00 pm to 7:00 pm. We look forward to seeing everyone there.

Who Wants to Help Feed Some Bears?

The church will continue it's annual tradition of feeding the football team, cheerleaders, and coaches on Thursday, November 3, from 6:00 pm to 7:00 pm. We will be grilling hamburgers and hot dogs. Volunteers will be needed for pre-meal setup, serving the meal, and post meal clean up. Look for a sign up sheet in the church office if you want to help.

Cards for Jim Cooper

Jim Cooper is currently at Mountain View Regional Medical Center undergoing rehabilitation. If you would like to send him a card, please send it to this address: Mountain View Regional Medical Center

Jim Cooper, Room 411
310 3rd St NE
Norton, VA 24273

UMYF Thanks Everyone For The Help

The youth would like to take a moment to thank everyone for their help with the Soup Bean Dinner. Everything from the beans, to cornbread, coolers, money, volunteers and even some ice. On behalf of the youth, thank you to all the following people: Beth Hagan, Angie Clendenon, Martha Spurlock, Kathleen Gillespie, Nancy Allman, Pat Bowden, Diane Botts, Sandra Rich, Chris Higgins, Debbie Goodman, Mary Beth Allen, David Barker. Huge thanks also goes to Bill Cole for allowing us to use his yard, Holding Funeral Home for allowing us to use their tent, and Mike Allen for announcing this event on the radio. We could not have done this without your help!

The Trinity Companion
Sunday October 30, 2016



Trinity United Methodist Church

203 E 1st St, South
Big Stone Gap, VA 24219

Worship begins at 11:00 am

Pastor—Rev. Terry Goodman

Office: (276) 523-0789

Cell Phone & Text : (304) 960-4438

Email: trinityumcpastor@gmail.com

www.trinityumc-bsg.net

Announcements, Welcome, and Introduction : Skip Skinner

*Prelude: “Of the Father’s Love Begotten”
11th Century Gregorian Chant

Pastoral Call to Worship:

We gather together as unique individuals with a variety of mindsets.

Some of us come reluctantly, some of us expectantly and some of us painfully.

However we come, we have come -- each of us carving out the time to be here, in this place of worship.

So let us *be here*. Leave behind at the door the problems you carried in and the lists of tasks that await you when you leave. Let us *be* in this place and in gratitude, let us lift our voices in praise!

This is the Day No. 657

(Please join in on the repeat choruses as we are led by the choir.)

I Will Enter His Courts... (2 Times)

I will enter His gates with thanksgiving in my heart,
I will enter His courts with praise,
I will say this is the day that the Lord has made,
I will rejoice for He has made me glad.

He has made me glad. He has made me glad.
I will rejoice for He has made me glad.
He has made me glad. He has made me glad.
I will rejoice for He has made me glad.

We Have Come Into This House

We Have Come Into His House
And Gathered In His Name To Worship Him;
We Have Come Into His House
And Gathered In His Name To Worship Him;
We Have Come Into His House
And Gathered In His Name To Worship Christ The Lord;
Worship Him, Christ The Lord.

Let’s For-get About Ourselves
And Concentrate On Him, And Worship Him.
Let’s Forget About Ourselves
And Concentrate On Him, And Worship Him.
Let’s Forget About Ourselves
And Concentrate On Him, And Worship Christ The Lord.
Worship Him, Christ The Lord.

Let us lift up holy hands and magnify His
Name and worship him
Let us lift up holy hands and magnify His
Name and worship him
Let us lift up holy hands and magnify His
Name and worship him
Worship Him, Christ, the Lord

Call to Confession

When we pray, we speak to God.

When we pray, God speaks to us.

Let us, therefore, enter into dialogue with our creator.

Prayer of Confession (in unison)

We confess without reservation that our dialogue with you, O God, is not really a dialogue. Most often, we are asking without listening and complaining without offering thanksgiving. We pray, and cannot understand why we get no response. Awaken us to wonder: If you called, would we answer? Or would you get a busy signal? Would you leave a message, and get no answer in return? We confess anew our impatience and our unwillingness to sit in the holy stillness of your presence. Forgive us, loving God. Thank you for letting us try again. In this minute of silence, let us be still and listen to what you would say to us this day.

(One minute of silent prayer)

Assurance of Pardon

Pastor: Even when we try and fail again and again, God loves us still. In the richness of God's grace, we accept the peace of Christ, which passes all understanding. Amen.

Sharing Our Joys and Concerns

(You will be given an opportunity to share joys and prayer concerns.
Please raise your hand and wait until an usher comes to you with a microphone.)

After each petition is said, we will all then say: Lord. Hear Our Prayer.

Pastor: We are redeemed, forgiven of all our sins and loved with an everlasting love.

People: All praise, glory and honor to God—Father, Son and Holy Spirit! Amen.

Gloria Patri No. 70

Children’s Message Bill Cole

The Presentation of God’s Tithe and Our Offerings

Ushers: Phil Robbins, Spencer Quesenberry, Jack Williams, Ben Allen

Offertory: Three Hymn Tunes on “All Hail the Power of Jesus’ Name”
Hymn Tunes: “MILES LANE”, “DIADEM”, “CORONATION”
* The Doxology No. 95

*Anthem: “Behold Our God”

The Presentation of God’s Word

Scripture: Zechariah 4 Rick Galyean

Lector: The Word of the Lord for the People of the Lord

People: Thanks be to God

Sermon: “Commitments of a Church Member”

* Closing Hymn: “We Are the Church” No. 558

* Pastoral Benediction :

*Postlude: “The Lord Will Come and Not Be Slow”
Geneva Psalter, AD 1587

*Please stand, as you are able

Musical lyrics reprinted using CCLI # 1083130



Don’t Forget to Set Your
Clocks **BACK** an **HOUR** on
Saturday November 5th.

Pastor Goodman Offers His Thanks For Your Support

I would like to extend a heartfelt thanks to each and everyone in the church for the support that has been shown to me and my family. This is not only during Pastor Appreciation Month, but all year long. This has been one of the most difficult years of both my personal life and my ministerial career. Your support through this time has been unfathomable. I cannot put into words the appreciation that I feel coming from you this year as I have dealt with my injuries and continued recovery. My family deeply appreciates all that you have done for us and the gift that you gave us at the dinner this past Thursday night. Thanks for the meal and the cards.

Update on My Recovery Process

Recovery is turning into a long road for me, especially since I like things to get started and done. The long haul is not one of my favorite places to be. However, I am learning that the body needs time to recover.

We are still on hold with my wrist. It seems to be getting slowly better. In December, I will need to decide if I can live with it as it is at that time or if I want surgery. Pray that it continues to get better. I really don’t like the prospect of surgery.

As for the knee, I have had a set back in the recovery process. On the one hand, the doctor has said that the knee itself has mended just like he wanted it to mend. On the other hand, therapy on the knee is taking its toll. About three weeks ago, I pulled a muscle in my back and/or pinched a nerve. I have had some rather severe sciatic and back pain. I am just now beginning to get back close to where I was before the pain began. It has actually hurt me more in the past two weeks than immediately post surgery.

I apologize for the pained expressions on my face and my seeming lack of enthusiasm over these past few weeks. I just have not felt myself due to the pain and the loss of sleep that has accompanied the pain. I do think, though, that I am on the mend and hope to remedy this situation so that I can get back on track strengthening my leg muscles. Please pray for me as I enter into this phase of recovery and rehabilitation.